



ST. JOSEPH'S VILLA

Crisis Stabilization Unit

In partnership with Richmond Behavioral Health Authority Region 4

CSU Admissions Line (804) 874-9119 CSU Fax (804) 955-4240

Available 24/7, 8 bed capacity

7000 Brook Road, Richmond VA 23227 | Adjacent to main campus of St. Joseph's Villa

WHO

- The unit serves individuals (ages 5-17) and their families experiencing behavioral health crisis who could benefit from short-term placement.
 - If the individual has an ID/DD diagnosis, REACH is the preferred first option. CSU will consult with REACH to determine which service is most appropriate to serve the client.

WHAT

- CSU is a (maximum) 15-day program within a secure, but unlocked facility.
- Voluntary program that requires family participation (clients and families must be willing to be at the CSU and agree to participate whether it's in person and/or virtually).
 - **However, legal guardian must be present at admissions and discharge.**
- There is no cost to families or other approval for funding required.

HOW

- Call CSU Admissions Line: **(804) 874-9119**
 - Please leave a message if the line is busy while we are assisting other referrals.
- CSU will conduct brief referral screening and communicate decision no later than 30 minutes.
 - It is essential that the individual and family members are informed of CSU referral.
 - Often CSU is asked to contact the family directly which impacts final decision.
 - CSU referral is meant to be a collaboration with referring party and person referred.
- Individualized treatment plan in collaboration with the family, including:
 - Assessments and Psychiatric Evaluations
 - Various groups, health literacy, individual sessions and therapeutic activities
 - Family Sessions (in-person and/or virtually)
 - Coordination with the local CSB, schools, pediatrician and other relevant formal/informal community resources

WHEN

- 24 Hour Call Center for admissions receive referrals from Region 4 CSBs and/or direct referrals: **(804) 874-9119**
- Hospital step-downs for continued treatment prior to returning home or to the community

ADMISSIONS CRITERIA

- Primary DSM Diagnosis
- Experiencing noticeable reduction in psychiatric, adaptive or behavioral functioning, or extreme increase in personal distress.
- Acute crisis of a psychiatric nature putting the child or youth at risk of psychiatric hospitalization

All referrals are welcomed and screened to determine eligibility for admission.



Scan for additional referral information, forms, process and a virtual tour.